

Access mental health and addictions support

If you are experiencing a mental health or addiction challenge, you are not alone. This guide will help you build a roadmap to recovery and access the community services you need. For more information and additional services, visit www.algomaht.ca/mharoadmap.

If you're experiencing an emergency, call 911.



Community-based mental health and addictions support

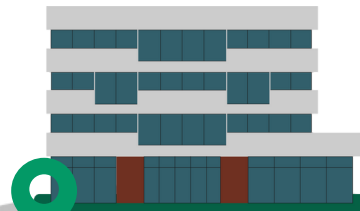
705-759-5989

Toll free: 1-855-366-1466



Primary care provider or walk-in clinic*

*If you have access and are in a non-crisis situation



Social services

705-759-5266

Housing

705-759-7748



Mobile care

Community Wellness Bus:

Visit algomaht.ca/cwb

Downtown Ambassador Program:

705-989-8483

HIV & AIDS Resource Program:

705-759-5690



Mental health crisis

Local crisis line: 705-759-3398

Toll free crisis line: 1-800-721-0077

Suicide crisis line: 9-8-8

Hospital-based in-and-out patient mental health and addictions services

Mental health: 705-759-3434 x 7200

Addictions: 705-759-3434 x4600



Shelter and social support

Pauline's Place: 705-759-4663

Community Resource Centre: 705-450-0082

Men's Shelter: 705-450-0011



Residential withdrawal management and safebeds

705-942-1872



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Scan for the most recent version



Harm reduction supplies available here