

Access mental health and addictions support

If you are experiencing a mental health or addiction challenge, you are not alone. This guide will help you build a roadmap to recovery and access the community services you need. For more information and additional services, visit: <https://www.algomaht.ca/mharoadmap>.

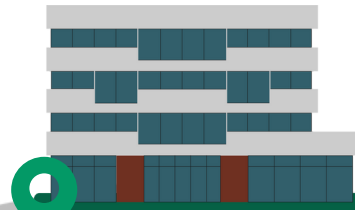
If you're experiencing an emergency, call 911.



Community-based mental health and addictions support
705-759-5989
Toll free: 1-855-366-1466



Primary care provider or walk-in clinic*
*If you have access and are in a non-crisis situation



Social services
705-759-5266
Housing
705-759-7748



Mobile care
Community Wellness Bus:
Visit [algomaht.ca/cwb](https://www.algomaht.ca/cwb)

Downtown Ambassador Program:
705-989-8483

HIV & AIDS Resource Program:
705-759-5690

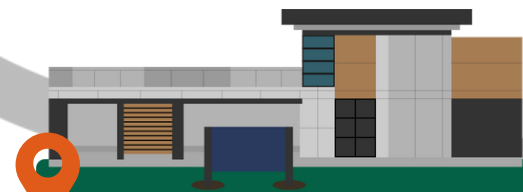


Mental health crisis
Local crisis line: 705-759-3398
Toll free crisis line: 1-800-721-0077
Suicide crisis line: 9-8-8

Hospital-based in-and-out patient mental health and addictions services
Mental health care: 705-759-3434 x 7200
Addictions care: 705-759-3434 x4600



Shelter and social support
Pauline's Place: 705-759-4663
Community Resource Centre: 705-450-0082
Men's Shelter: 705-450-0011



Residential withdrawal management and safebeds
705-942-1872



Updated November 2024
Scan for the most recent version



Harm reduction supplies available here